

CLASSICS, PHIL & RELIGION (CPRD)

CPRD 100 - Topics in Classics, Philosophy, and Religion (1-3 Credits)
Special interdisciplinary offerings in Classics, Philosophy, and Religion

CPRD 104 - Meditation and Contemplative Practices (3 Credits)

This course offers a practical, experiential, and theoretical introduction to mindfulness meditation and contemplation. Students learn and practice meditation techniques daily while exploring the contemplative practices and theories of diverse cultural traditions from a variety of disciplinary perspectives, such as philosophy, psychology, and neuroscience.

CPRD 299 - Mysterium Humanum Studies (3 Credits)

Different topics of fundamental human concern are treated at different times in this interdisciplinary course involving the entire faculty of the Department of Classics, Philosophy, and Religion. Topics covered in the past include "Wrestling with Death," "The Tempest of Time," "Sex and Society in the West," and "Slavery."

CPRD 301 - Studies in Ancient Languages (3 Credits)

Introduction to the morphology and syntax of selected ancient languages relevant to the study of Classics, Philosophy, and Religion (such as Coptic, Quranic Arabic, and Sanskrit). By permission of instructor. These courses do not satisfy the College's general education requirement for proficiency in a foreign language.

CPRD 302 - Studies in Ancient Languages (3 Credits)

Introduction to the morphology and syntax of selected ancient languages relevant to the study of Classics, Philosophy, and Religion (such as Coptic, Quranic Arabic, and Sanskrit). By permission of instructor. These courses do not satisfy the College's general education requirement for proficiency in a foreign language.

CPRD 304 - Contemplative Practice II (3 Credits)

Prerequisite: CPRD 104. Contemplative Practice II is a continuation of CPRD 104. Students will further develop and refine their daily meditation practice by exploring additional techniques and advanced topics. It also surveys current trends in psychological and neuroscientific research on meditation, and deeply engages related philosophical concepts and debates.

CPRD 331 - Cross-disciplinary Topics in Classics, Philosophy, and Religion (3 Credits)

A consideration of a theme from the perspective of two or three of the disciplines taught in the Department of Classics, Philosophy, and Religion.

CPRD 350 - Happiness: Here and Now (3 Credits)

Explore the meaning and importance of happiness through everyday challenges and constructive dimensions. This multidisciplinary course examines happiness from religious studies, positive psychology, and social sciences perspectives, using a multicultural approach to address life's most meaningful questions. Students will learn to incorporate happiness and wellbeing activities into their daily lives. Cross-listed as RELG 350.

CPRD 492 - Individual Study (1-3 Credits)

Individual study under the direction of a member of the staff. By permission of the department.