

CAMPUS RECREATION AND FITNESS CENTER

Students enjoy a comprehensive recreation program with something for everyone. Intramural sports events range widely from team leagues in basketball and flag football to events such as dodgeball and kickball. The sport club program offers opportunities for intercollegiate competition in a variety of sports. Working on your wellness is fun and interactive with group fitness classes, personal training, and outdoor recreation programs. Additionally, the Fitness Center, open to all students, faculty, and staff, offers cardiovascular, free weight, and circuit equipment for open recreation use.